

**UPDATED  
AUGUST 2020**

# COVID Food Support



## Friday Night Community Take Home Meal Bags

Already prepared meals as well as any available produce, dairy, hygiene and baby needs. Pick up Monday and Friday 12:00pm – 4:00pm at Wellington Square United Church 2121 Caroline St. \*Delivery as needed.

For more information email [llunski@wsquare.ca](mailto:llunski@wsquare.ca), call 905 634-1849 or go to [www.wsquare.ca](http://www.wsquare.ca)

## Food for Life Pre-bagged Food Programs

St. Luke's Anglican 1382 Ontario St. Tues – 11:30 am

Faith Christian Reformed Church 2258 Mountainside Dr. Tues 6:15pm–7:00 pm

Brant Hills Presbyterian 2138 Brant St. Wed 1:30 - 2pm

Grace United Church 2111 Walkers Line Fri – 9:30 am

Good Food Line 905-635-1106 x7 or email [goodfood@foodforlife.ca](mailto:goodfood@foodforlife.ca)

foodforlife



**Compassion Society** Non perishable food package, produce, meat, bread, and hygiene items, as available Mon, Wed, Fri 12:00pm-2pm 484 Plains Rd E Unit 14 For more info email: [contact@compassionsociety.net](mailto:contact@compassionsociety.net) or call 905-592-3722.



**Salvation Army** 5040 Mainway Unit 9; Mon to Fri 9:00am-12:00pm. Clients may come every 2 week if necessary to receive non perishables, milk, eggs, produce, frozen meat, baked goods; quantity and variety will vary from week to week.



**Burlington Food Bank** Pre-packed boxes of non-perishable foods, hygiene, produce, milk, eggs, bread and frozen meat. Contactless delivery to lobby or door by appointment only.

To request food, email [info@burlingtonfoodbank.ca](mailto:info@burlingtonfoodbank.ca)