



Epiphany 3

21 January | 2024 | 11.30am

The Rev. Canon Dr. Penny Anderson - Rector

The Rev. David Montgomery - Pastoral Associate

Andy Elmhirst - Director of Music

Carrie Ford-Jones - Director of Children's & Youth Ministry

Welcome to St. Christopher's

Thank you for being with us this morning! We hope that this will be a meaningful time of worship for you! Please be assured that we are continuously evaluating and adapting our liturgical customs and hygiene practices to protect the health and safety of all.

About the Service

Everything you need for the service can be found in this booklet and large print copies are also available. You may take this service bulletin home with you or discard it in the blue box as you exit.

Children & Families

Please enjoy being together throughout the service. Programming for children, 0-3 years (Grannie's Place) takes place at 9.30am. Children aged 4+ meet in the preschool room during the 9.30am service with Carrie Ford-Jones. Should you require assistance at any time during the service, please let one of the greeters know and they will be happy to assist you.

Audio Loop

If you use a hearing aid with a "T" setting, you can take advantage of our audio loop in the main section (Nave) of the church.

"Collection"

We don't pass the collection plate at St. Christopher's. Instead, if you wish to make a financial contribution to support our ministries, there are donation boxes just inside the door into the worship space.

Communion

All are invited to share in the Holy Eucharist.

General COVID-19 Protocols

Mask use is not required. As always, if you are feeling unwell please stay home.

We encourage you to sanitize your hands frequently and there is sanitizer in many places throughout the church.

You may signal your preference to share the Peace in a distanced manner by crossing your arms over your chest, or by raising your hands, palms together. We ask you to check with your neighbours before making physical contact at the Peace.

Blessings

None of us comes to church by accident and each of us brings the rest of our lives with us. No matter what joys, burdens or dilemmas you bring with you today, we pray that this time will be a gift to you; that God's grace will touch you with hope and energy to live your life with greater depth, integrity, compassion, and courage.

Canon Penny Anderson



Epiphany 3

11.30 am

Welcome!

Canon Penny

You belong here!
Everyone is welcome at the table.
No fussy rules.
No exceptions.

Gathering Prayer

Song: Come However You Are

City Harbour

To anyone walking down a hard road
Worn out with blisters on your feet
To anyone with a heart that's shattered
Doing your best to hold it together
With no prayer to pray and no song left to sing

Oooo Oooo Oooo Oooo
Whatever pain you're dealing with
Oooo Oooo Oooo Oooo
Let me offer this

[Refrain]
Come however you are
Come with all your heart breaks
Come with all the mistakes you've made
Lay them down at the cross
Give them to the God who loves you
Hurt, scarred, falling apart
Come however you are
Oooo Oooo Oooo Oooo
Oooo Oooo Oooo Oooo

To the girl who never had a father
To the guy who thinks he'll never
Amount to much of anything
To those of us who feel unwanted, unneeded, unloved
and desperately incomplete

Oooo Oooo Oooo Oooo
Oooo Oooo Oooo Oooo

[Refrain]

Come with your regrets
Come with the things you can't take
Come with all your fears and all your shame
With everything
Come with the pieces of
Your bruised and broken heart
Don't wait, don't wait

Oooo Oooo Oooo Oooo
Whatever pain you're dealing with
Oooo Oooo Oooo Oooo
Let me offer this
[Refrain]

Come however you (come however you are)
Come however you (come however you are)
Come however you (come however you are)
Come however you are

Listening for God

A Reading from the Gospel of Mark (1:14-20)

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.' As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake—for they were fishermen. And Jesus said to them, 'Follow me and I will make you fish for people.' And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him

At the conclusion of the Gospel, the reader says,

<i>Reader</i>	Holy Word. Holy Wisdom.
<i>All</i>	Thanks be to God.

Homily

Canon Penny

Silence for Reflection

Song: Oceans

Joel Houston, Matt Crocker and Salomon Ligthelm

You call me out upon the waters,
the great unknown where feet may fail.
And there I find you in the mystery,
in oceans deep, my faith will stand,

[Refrain]

*And I will call upon your name
and keep my eyes above the waves.
When oceans rise, my soul will rest in your embrace
for I am yours and you are mine.*

Your grace abounds in deepest waters,
your sovereign hand will be my guide.
Where feet may fail and fear surrounds me,
you've never failed and you won't start now.

[Refrain]

Spirit lead me where my trust is without borders,
let me walk upon the waters
wherever you would call me.
Take me deeper than my feet could ever wander
and my faith will be made stronger
in the presence of my saviour.

[Repeat]

[Refrain]

The Prayers of the People

Please add your own prayers, ending with,

One God is good,
All **Thanks be to God.**

or

One God of love,
All **Hear our prayer.**

The Peace

Song: Take, Oh, Take Me As I Am

John L. Bell

Take, O take me as I am;
Summon out what I shall be;
Set your seal upon my heart
And live in me.

Prayer over the Bread and Wine

The Great Thanksgiving

Presider May God be with you.
All **And also with you.**

Presider Lift up your hearts.
All **We lift them to the living God.**

Presider Let us give thanks to the God of the universe.
All **It is right to give our thanks and praise.**

The eucharistic prayer is spoken in the moment.

All **Holy, holy, holy,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is the One who comes in God's name.
Hosanna in the highest.**

The eucharistic prayer continues.

All **Amen.**

Presider We pray as Jesus taught us:

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Sharing Bread and Wine

As we serve one another:

All **The body of Christ
The blood of Christ**

Song: The Call

Ralph Vaughan Williams (1872-1958)

Soloist: Stephen Gartshore

Come, my Way, my Truth, my Life:
Such a Way, as gives us breath:
Such a Truth, as ends all strife:
Such a Life, as killeth death.

Come, My Light, my Feast, my Strength:
Such a Light, as shows a feast:
Such a Feast, as mends in length:
Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:
Such a Joy, as none can move:
Such a Love, as none can part:
Such a Heart, as joys in love.

Prayer After Communion

Song: I Will Follow You

Chris Tomlin

Where you go, I'll go; where you stay, I'll stay;
when you move, I'll move; I will follow.

All your ways are good, all your ways are sure;
I will trust in you alone.

Higher than my side, high above my life;
I will trust in you alone.

[Refrain]

*Where you go, I'll go; where you stay, I'll stay;
when you move, I'll move; I will follow.*

*Whom you love, I'll love; how you serve, I'll serve;
if this life I lose, I will follow you, yeah.*

I will follow you, yeah.

Light into the world, light into my life;
I will live for You alone.

You're the One I seek, knowing I will find
all I need in you alone, in you alone.

[Refrain]

In you, there's life everlasting.
In you, there's freedom for my soul.
In you, there's joy, unending joy;
and I will follow!

[Refrain]

I will follow you, yeah.

I will follow you, yeah.

I will follow you, yeah.

Postlude: Where You Lead

Carole King

Wanting you the way I do
I only wanna be with you
And I would go
To the ends of the earth
'Cause, darling
To me that's what you're worth

[Refrain]

*Where you lead, I will follow
Anywhere that you tell me to
If you need, you need me to be with you
I will follow where you lead*

If you're out on the road
Feeling lonely, and so cold
All you have to do is call my name
And I'll be there on the next train

[Refrain]

I always wanted a real home with flowers on the window sill
But if you wanna live in New York City, honey, you know I will
You never know how it's all going to turn out but that's okay
Just as long as we're together we can find a way

[Refrain]

I'm gonna follow where you lead...

On the Cover

Entitled "Fishers of Men,"
this painting hangs in the Pontifical Scots College outside Rome.
Photo by Fr. Lawrence Lew, O.P.
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Thought for the Month

"Darkness cannot drive out darkness, only light can do that.
Hate cannot drive out hate, only love can do that."

Martin Luther King, Jr.



We are a dynamic, inclusive, diverse community
rooted in the life-giving, life-affirming, life-changing love of God
reaching beyond ourselves
caring for creation
making a difference with others.

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