



Messenger

September 2025

Issue 278



FROM THE RECTOR'S STUDY

Dear friends,
Are you dreaming of a white Christmas? I ask because St. Christopher's is going to be selling fresh Christmas trees in very late November and early December. We chose a tree farm to supply our trees, and we are beginning to plan for this major fundraising project. The picture above is from the Potter Christmas Tree Farm in Harvey Station, New Brunswick. The Potters grow happy Balsam Fir trees using minimal chemicals. I think you can see that their place looks a lot more like a natural forest than a factory farm. The people working on this new fundraiser are excited! There will be lots more information about Christmas trees coming your way through the fall. Stay tuned!

I have been part of a number of very focused conversations through the summer about the future of Open Doors. The most recent conversation took place over the course of a planning day when we invited key volunteers, representatives from neighbouring agencies, a good number of St. Christopher's people, and a few Open Doors guests. Let me tell you some of the things that have become very clear to me:

- Open Doors is our outreach ministry. Yes, there has been an "us and them" feeling at times, but those days are in the past. I am committed to making our whole organization a strong and integrated whole.
- We're stronger together. Working very closely in

Open Doors for nearly two years, I talk to many volunteers who I don't see on a Sunday morning but who say, St. Christopher's is my church. Churches are desperate to find ways to sustain relationships with a broader circle of people than just Sunday attenders, and St. Christopher's has this!

- The future depends on partnerships. Open Doors' core identity is about food, served with dignity at our weekly community meals and distributed through our Community Market. We are focusing the energy of our staff and volunteers on feeding people. And we are turning to partner agencies to provide wrap-around services to complement our work with food. For instance, we're partnering with the Burlington Food Bank to run the community garden, and Support House is offering medical supports to our guests on Tuesday evenings.

Open Doors is a critical part of the life of our congregation. I'd love to talk more about this with you. Maybe we can arrange to eat dinner together one Tuesday evening at Open Doors?

As you turn (or scroll) through the pages of your Messenger you may notice there's no ad for a Corn Roast. That's intentional. The planning team decided that the Corn Roast was not meeting our goals of raising awareness about St. Christopher's and building relationships with people who don't attend



our church. So we are not holding a Corn Roast this year. And the MAP planning team is going to put its energy into a couple of events that we hope will move us closer to our goal of connecting with new people.

So much for what we are not doing this fall. Let me point you to a few things that are coming up. First, please note that the 10.30am Bible Study and 11.30am Thursday Eucharists resume September 4. And our worship services shift back to our 8.00am, 9.30 am and 11.30am schedule beginning on Sunday, September 7. Confirmation

classes begin in the afternoon on September 7 and continue weekly leading up to the service of confirmation on October 19. And we will observe

Orange Shirt Day, or the National Day for Truth and Reconciliation, at all three services on September 28.

I'll see you in all the right places!

Penny



REV. CANON DR.
PENNY ANDERSON
RECTOR

PASTORAL CARE

Spiritual Poverty



Poverty of spirit is an interesting concept. Jesus said: “Blessed are the poor in spirit, for theirs is the Kingdom of God”. What is this poverty of spirit that is to fill our lives with blessedness? Have you ever wondered what Jesus really meant when he spoke those words of beatitudes?

Let’s look at the concept of poverty first. To be poor is not to be self-sufficient. It is to be uncomfortable in many areas of our lives: perhaps to go without food, or medication, or shelter, or clothing. Physical poverty is very unattractive, even painful. Jesus had a particular love for those who were poor, powerless, and persecuted. He reached out to the widows, children, lepers because they represented those rejected by society. Remember the famous words of Jesus to his apostles who were trying to let the master rest by keeping children away:

“Do not stop them, let the children come to me, for it is to such as these that the kingdom of God belongs”. Jesus recognized a positive quality in the poverty of children, in their simplicity, these were the qualities that kept children closer to the society that God desires.

Poverty, therefore, can be a freeing experience as well, a positive one. Perhaps this is why so many saints freely chose to be poor. Christians like St. Francis of Assisi and St. Clair of Assisi, among many others, gave away their wealth and chose to follow the Lord in poverty. They remembered the words of the Lord to the rich man: “If you want to be perfect, sell what you have, give the money to the poor, and come follow me”. In following Jesus’ advise and embracing radical poverty, saints found new freedom in following the Christ.

But what does it mean to be poor in spirit? The other

word in spiritual poverty has to do with our interior life, our spirit. The same positive effects that come from physical poverty should be applied to our life of faith, our interior life with God. To be poor in spirit is to realize that in our relationship with God we are not in charge, to realize that any movement towards God, even our desire to move towards God has to come from God. A person who is spiritually poor recognizes his/her own weaknesses, inability to pray, distance from the beloved, and instead of rolling up the sleeves in order to bridge the gap between him/herself and God he/she smiles and takes a breath, as if to say: You must do it God, because I am so poor that without you I can do nothing”. Spiritual poverty allows us to stand before God, even when we feel a great distance from the Divine, and realize that God will be faithful, God

will bring us closer, God will, because on our own we cannot. A person who is spiritually poor allows God to be in charge of the relationship, realizing that even when it may seem that nothing is happening in my prayer life, God is doing something, and that fills me with joy, peace, trust, and love.

“Blessed are the poor in spirit, for theirs is the Kingdom of God”. Let us remember those words in our own spiritual

journeying towards God, continually asking God to help us to be poor. And when we get uncomfortable with the idea that God must do all this work in us, we can do something as well. We help to create a proper environment for spiritual poverty in our lives by trying to live a physical life of greater detachment: buying less, giving away more, and spending more time in prayer and thanksgiving for what God continues to do in our lives.



REV. WOJTEK KUZMA
PRIEST ASSOCIATE

WARDENS' REPORT



Hope you all had a terrific summer!! It certainly was a hot one. I always find summer such a fun season with so much going on. It's a time for family and friends and a chance to kick back, and enjoy whatever you enjoy most to relax before you get back to your regular schedule in September.

It was also a fun summer at St.Christopher's. Just like all of you, St. Christopher's is getting ready to get back into full swing.

All of the regular activities and programs you enjoy are poised to restart. Our amazing choir returns with voices well rested from the summer off. Jazz vespers restarts on Sept 28 and provides everyone with great opportunity for some terrific toe-tapping entertainment with excellent musicians. More is coming!! Keep a regular lookout on the website for updates on more fun social events coming later in the year.

Similarly, Open Doors is gearing up. I recently had the privilege of attending the August 16 planning session. I wanted to share some observations from

a warden's perspective to help highlight some key points and give you all a closer view of the excellent work going on in such an important area of the St.Christopher's ministry.

I wanted to start by highlighting the energy and enthusiasm of the planning team and everyone involved with Open Doors. The passion for helping jumps off the page when you see everyone in action. It is truly amazing and really makes a difference which is obvious when we all get Shannon's updates in the messenger.

What is equally impressive is the scope of the activities. It is truly a one stop shop. Someone can attend meals on Tuesdays and Thursdays, take advantage of the Community Market and also pick up items from the free Clothing Store. The Tuesday dinners are also supported with on-site access to mental health assistance provided by Support House. The combination of all of this really provides an opportunity for people to access the services that can really meet their needs.

I wanted to highlight Open Doors for two

reasons.

First, it's a great reminder of all of the good that Open Doors does; a dynamo of activity that is a great example of successful outreach ministry woven into the fabric of St. Christopher's. As you know, helping the community is fundamental to what we do as a church.

Secondly, we want to encourage you to volunteer to help. Whatever way meets your interest is available. It is an extremely rewarding experience, a chance to make a difference. There is a wide range of choices. Options include:

Weekly on Tuesdays and Thursdays

1. Cooking Tuesday dinner or Thursday lunch (no special skills needed)
2. Serving Tuesday dinner or Thursday lunch
3. Assisting guests in the Community Market (food bank) and helping stock shelves
4. Serving guests at the free Clothing Store
5. Helping with our lush and thriving garden

There is also a multitude of special events including:

1. Distributing backpacks

2. Delivering gifts to Christmas families

3. Help with fundraisers like Coldest Night of the Year
4. Assisting with Souper Sundays (share that yummy soup)

To get started, it's as simple as talking to Shannon Shuell who is our Open Doors Volunteer Coordinator.

St Christopher's has a great history of volunteering with many of you already participating in so many ways. Give it some thought and feel free to reach out to Shannon Shuell with any questions or to sign up.

We also wanted to highlight social media which is a great way to look inwards into St. Christopher's and showcase what is going

on for everyone to see. I regularly get texts from my family on the latest great post. Big shout out to everyone involved. You make us laugh, giggle, inspire us and help us think about a wide range of new topics. It's a joy to watch and follow.

We are always looking for help to support our social media efforts. Please contact Shannon Mac if you are interested in helping.

Please also make sure you follow and share our posts. Word of mouth (electronically) is a great way to spread information about St.Christopher's.

Happy September! Enjoy the tail end of summer and the start of what will be another great time at our church. See you soon!

Mike Ravenscroft is one of the four wardens (Paul Shelton, Shannon Mac, Mike Ravenscroft Lisa Kruitwagen) who, along with our Rector, Rev. Canon Dr. Penny Anderson, make up St. Christopher's Corporation

MIKE RAVENSCROFT
WARDEN



MUSIC & THE PERFORMING ARTS



Summer is a state of mind. For English poet Lea Mallot, it is adventurous, exhausting, happy and humid. For me, it is gone too soon. Still, I'm happy with the progress made on the summer goals that were laid out in the last edition of the Messenger.

For the first time in a couple of decades, the music library has had a significant refresh. Hundreds of pounds of sheet music was given away or recycled. It was all music that hasn't been used for many years and is unlikely to be used again. It was a bit existential to think of how tastes change and to imagine how our current core repertoire might one day be undesirable.

Dorothy Warren has looked after this library of choral music for almost as long as I've been at St. Christopher's. Last spring, holding back tears, she announced that she would

be moving to St. Thomas to be closer to family. At our end-of-the-year party, the choir gave a fitting farewell with memories, gifts and songs. Dorothy's energy and enthusiasm is irreplaceable, and her strong soprano voice will be sorely missed. I know you will join me in wishing her and Harry the best in their next chapter.

Fortunately, there is another energetic soprano ready to take on the role of choir librarian. I am very grateful to Paula Ramsay for her offer to help keep the choir library organized and stocked. It makes a huge difference to me and our music programs in general when I can practice Sunday music instead of keeping track of music returns.

I've been doing a lot of practicing this summer which was another goal that I had for the summer months. Specifically, I've been learning repertoire with

the intention of completing my Licentiate diploma sometime in the next 10-14 months. This long-term plan will benefit from a couple of intermediary piano recitals. The first of these will take place on Tuesday, September 23rd at 5pm. I hope you'll join me for a "Farewell to Summer" piano recital and then stay for Tuesday dinner at 6pm.

There are plenty of other musical treats in store for the fall. On Sunday, September 21st, at the 9.30 am service, our worship will be enhanced with music from the handbell group "Bells of Praise". These three ringers will offer a selection of sacred songs for our prelude, anthem and postlude. I hope you're able to come out and even tell others about this unique musical offering.

Beginning September 7th, our worship music will again be led by Peggy, the

choir and the band at the 8.00, 9.30 and 11.30am services respectively. While this is welcome news for parishioners and music directors alike, life will get busier, and I will miss the opportunity to spend as much time learning Beethoven sonatas as I have lately. Thank you to John Stephen, Ericka Shodin and Daniel Lu for their musical leadership over the summer weeks.

P.S. In preparing for this article, I wrote to Dorothy to ask how long she had been in the choir. Her response was such an abundant description of life at St. Christopher's and I wish to share it unedited:

"I joined St Christopher's shortly after moving from Barrie to Burlington in 1992. I joined Guitar and Choir pretty quick as I chose St. Christopher's for the music program, children's programs, friendliness of people (especially our welcome by Judy Jupp) and Fred Gosse's preaching style. St. Christopher's had it all and continues to have it all. We were blessed. Give my love to everyone."



ANDY ELMHIRST
DIRECTOR OF MUSIC

CHILDREN'S AND YOUTH MINISTRIES

St. Christopher's
YOUTH ZONE

KIDS CLUB
Ages 8-11
3rd Sunday of the month
6.00-7.30pm

YOUTH GROUP
Ages 12-17
4th Sunday of the month
6.30-8.30pm

G.I.F.T.
Ages 3 and up
Sunday mornings
9.30am

CONFIRMATION
prep classes begin Sun
Sep. 7th at 4.00pm

contact carrie@stcb.ca

Wow, St. Christopher's! I cannot thank you enough for the way you showed up for our children and youth this summer. I am still soaring high from the energy of Fun in the Sun, and like my physics-loving kid would tell you, an object in motion stays in motion. I'm already excited about ideas for next year and all the things we can do to keep this energy going through the school year.

Fun In The Sun

Fun in the Sun could not have happened without the people who made it possible. I am only a tiny fraction of that equation. So, without further ado...Fun in the Sun, by the numbers: This year we welcomed 25 campers between the ages of 3 and 10. Camp was led by 9 youth leaders and junior leaders between the ages of 11 and 18. Finally, 20 adult volunteers helped to make a safe church camp possible between camp supervision and snack preparation. All this

adds up to one spectacular camp experience with fun, games, music, Bible stories, crafts, science and theatre, but nothing can quantify the connections that were made, the mentorship and friendship. I was filled with pride as I watched the way the kids interacted with one another—seizing every opportunity to be welcoming and inclusive—none of them aware that they were doing anything different or special, it's just who they are. My hope, as you read this, is that you feel that same pride, knowing you've been part of creating the environment and example that they are following. Thank you!

In addition to sharing your hearts and your time, I also want to thank you for your financial contributions. With your help, we were able to offer six subsidized camp registrations and make this experience possible for children who may not have otherwise been able to attend. You also lifted that burden for their parents

and caregivers. This is such a gift.

God's Big Story

I will now shift out of 'summer mode' to share with you what we have planned for the season ahead! This fall, our GIFT program will be revisiting the classics. What's the first Bible story you think of when you think of children's programming? Over the past year we've been digging into some of the less well known stories and characters, but this fall we are going back to some of the most familiar ones. Like I told the kids at camp, whether you're learning about God for the first time or the hundredth, there is always something new to uncover and explore. We look forward to sharing these stories with the kids who know them by heart, and the kids who are hearing them for the first time!

Youth Group and Kids Club

Our high school and elementary school groups will resume at the end of September. Kids Club, for

ages 8-11 will take place the 3rd Sunday of every month from 6:00-7:30pm. Youth Group for ages 12-17 will take place on the 4th Sunday of every month from 6:30-8:30pm. We are looking forward to another fun year of games, cooking nights, field trips and more.

Confirmation

Confirmation will take place on Sunday October 19th at the Cathedral. We are pleased to be hosting Confirmation prep classes in collaboration with several other parishes in the Diocese, giving our youth in grade 7 and up the opportunity to connect with other youth from our surrounding community and some of their clergy and youth leaders as well. Classes will begin September 7th at 4:00pm and run for 5 weeks. Please contact the church office

if this is something your teens or tweens might be interested in.

As summer comes to a close and we prepare to welcome our young ones back from all their adventures and a new school year filled with new promise and new possibilities, I invite you to consider joining in the fun of Youth Ministry. If anything you have read sounds like something you'd like to be part of, please reach out, I would love to chat more with you about the experience of working with the children of St. Christopher's.



CARRIE FORD-JONES
CHILDREN'S & YOUTH MINISTRY COORDINATOR

FUN-IN-THE-SUN 2025





OPEN DOORS

every person. every table.



What do zucchinis, school supplies, and goodbyes all have in common?

They've all been part of a busy, beautiful summer here at Open Doors! As the days grow shorter and we begin to trade watering cans for warm sweaters, we're taking a moment to celebrate a season filled with fresh veggies, generous hearts, and the kind of teamwork that makes Open Doors a great place to be.

It's no exaggeration to say our garden thrived this summer – thanks in no small part to Sam! Due to our wonderful partnership with the Burlington Food Bank and under Sam's guidance, our garden has flourished. From the earliest plantings to the late summer harvests, she has nurtured each vegetable with dedication, ensuring that our Open Doors Market has been filled with fresh, nutritious, and beautifully tended produce. Their knowledge and passion have brought life to our garden and flavour to our tables. Each week, Sam has introduced a new vegetable with enthusiasm, offering both culinary suggestions and personal reflections on its taste and texture. With every harvest, they reminded us not only of the practical uses of each crop, but also of the joy that comes from sharing food grown with care.

As we celebrate our successes, we must also say a heartfelt farewell to Jonah, our incredible summer student, who is returning to the University of Guelph this

fall for biology science. Jonah's second season with Open Doors was marked by energy, kindness, and a willingness to support wherever needed. His presence brought consistency and strength to our programs, and he will be greatly missed by our team and community. We send him off with our best wishes and much gratitude for his continued commitment to Open Doors.

Looking ahead, fall marks the return of our Backpack Program, now supporting **390** children as they head back to school. Thanks to the overwhelming generosity of local parishioners and donors, we were able to provide students with essential supplies to begin their academic year with confidence and dignity. The success of this initiative is a testament to the power of collective care and compassion in action.

As we move into the harvest season, we eagerly anticipate our Open Doors Harvest Celebrations. These gatherings offer an opportunity to come together, reflect on the season's gifts, and share in the spirit of community. Please stay tuned to our weekly eblasts for more information on dates and details – we would love to celebrate with you.



SHANNON SHUELL
GOOD FOOD COORDINATOR



Fit for Service 9.30am **Monday | Wednesday | Friday**

Activities Happening During the week

Mondays Dance



- 5.30 pm** **Beginners line dance**
- 6.30 pm** **Advanced line dance**
- 7.30 pm** **Partner dances**

Wednesday Tai Chi



- 7.00 pm** **Tai Chi**



Accessibility Committee

You're invited! Help us create a culture of inclusion at St. Christopher's.
Join us on Zoom at 7pm on Wednesday, September 17.



Order of Niagara

We are so pleased that Bishop Susan is admitting Winston Tinglin to the Order of Niagara this year. This honour recognizes Winston's generous and gifted leadership in our congregation and in our region. The Order of Niagara service will take place at 4pm on November 16 at Christ's Church Cathedral. Please congratulate Winston when you see him.



Beginning in Fall 2025

Two pages of our Messenger will be open to paid advertising for local businesses. Businesses and the ads will be vetted by the corporation. Priorities will be given to our parishioners, current partners and regular space users. Please contact the church office for more information. Ads should be submitted by the 15th day of any month, for publication in the following month.



RCCO Halloween Concert

Family friendly - come in costumes !

Sunday | 26 October | 4.00pm

st.
christopher's

Christmas Market

NOVEMBER
Saturday **15** 8am to 1pm



Bring It | Fix It | for Free

Volunteers help you fix broken household items
(there may be a small charge if parts are needed)

Upcoming dates -Sep 20, Oct 18, Nov 22

St. Christopher's | 662 Guelph line | Burlington ON



*lift up your praise
and come dance with us!*

Do you love to dance and move to music?

Come out and join the St. Christopher's Liturgical Dance Ministry.

All are welcome ages 6 years and up. Dance training not necessary to participate. Practise is each Sunday from Sep. 14 to Dec. 21 (12.30-2pm). Please contact Allison Wright or Paula Ramsay at staff@stcb.ca for more details or to join.



Parish Council

Wednesday | 1 October | 7.00pm



WHAT'S FOR DINNER?

Join our Good Food Coordinator on the first and third Wednesday of the month (5pm-7pm) for a fun, educational cooking class. Classes are \$35 each, and can be paid in the office. Sign up with your friends, family, coworkers! Next dates...

Sept 17 - Stir Fry's



OPEN DOORS
every person. every table.



Blessing Backpacks – September 7

Back to school is an exciting time! To mark this big event in our children's lives, and to remind them of God's presence with them, we are blessing backpacks at our 9.30am service. Please spread the word with the people you know who travel with children. Please invite children to bring their backpacks with them to church on September 7.



Sunday Worship Times

We return to our regular service times – 8.00am, 9.30am, and 11.30am – on Sunday, September 7. See you there!



National Day for Truth and Reconciliation

Please remember to wear your orange shirt on National Day for Truth and Reconciliation, Tuesday, September 30th. We will observe this day during worship on Sunday, September 28.

Please visit our website where there are extensive recommended reading resources.

Watch our weekly eblasts for information about the times and events planned for Spencer Smith Park on September 30 in Burlington.



Thursday Bible Study and Service

Our Thursday morning gathering returns on September 4th with Bible Study at 10.30am and mid-week worship at 11.30am. Come for church; stay for lunch at noon!



David Montgomery's Induction

October 8 @ 7pm

Grace Waterdown | 157 Mill St N, Hamilton ON



Confirmation Classes

Are you interested in being confirmed this fall? Ahead of the service of confirmation coming up on October 19, St. Christopher's is hosting confirmation classes for later middle school-aged and earlier high school-aged youth. The fun and learning begins at 4pm on September 7, and continues on Sunday afternoons until October 5. Please spread the word, and please contact Carrie Ford-Jones to register your youth!

CLIMATE JUSTICE COMMITTEE



Earlier this year, and with the skilled assistance of Ken Beeby, the Climate Justice Committee designed and introduced a logo for our group. We wanted something that would be readily identifiable for folks looking to find information on how St. Christopher's is responding to the climate crisis, or to further their own environmental learning. We feel that we have achieved that goal, and we hope that you will watch for the logo in parish communications. What feels most important though, is that our group design discussions were helpful to us as we've worked to define the goals of our committee and the actions that we will undertake to achieve them.

The image in the logo is meant to evoke the elements of the natural world, and also to incorporate our

St. Christopher's colours. Selecting the words to appear underneath the image were especially helpful to us in defining our role.

Pray

The enormity and complexity of the environmental challenges facing us around the globe leave many of us feeling overwhelmed and helpless at times. Technological advances, or bold positive commitments can be sources of hope and inspiration. Personally, paying attention to my reactions and offering them to God helps me to organize my thoughts, and to still my mind. Prayer can be a powerful way for us to seek guidance on how to move forward and we invite you to include care for creation in your own devotions.

Learn

We are learning that climate

issues are interconnected and can be very complex. It has felt daunting to keep up with emerging issues, groundbreaking research, innovative solutions, and changes in the political climate which affect climate crisis responses. We are still working at how best to absorb all of this information and then to share it with the parish. Watch for information in The Messenger, Eblast, and in the Atrium from time to time after Sunday services.

Act

We are actively defining the most effective ways that we, as a parish, can have an impact on caring for the environment. This past year, one major project was to undertake a review of the carbon footprint of the church buildings. Thanks to the vision of present and past property teams, and the financial support provided

by parishioners, we have been able to make positive changes over the years to our windows, doors, lights, appliances, and hot water systems that have improved our building's energy efficiency. We are also always looking for opportunities to engage with other active environmental organizations in Burlington. Watch for invitations to join in that work.

Advocate

We are aware that some issues are beyond our ability to have a direct impact. Watch for invitations to write letters to our elected leaders to support proposed actions or to advocate for change. We will also be actively monitoring environmental intentions in political party platforms in the lead-up to elections at any level, and

sharing that information so that it can inform your choice as to how to vote.

We are encouraged by the framework offered by our logo as we continue to define the role, and to identify opportunities for positive change through the Climate Justice Committee. We welcome new ideas and would be happy to have you join us! We meet on the third Tuesday of each month in the Family Room at 7 pm. Our next meeting is on September 16th.



CAROL HENLEY

JAZZ VESPERS



OLD SCHOOL



Jake Wilkinson
Trumpet



Matt Newton
Piano



Tim Shia
Drums



Jim Sandilands
Bass



Shawn Nykwist
Sax

Sunday
28 September
2025

St. Christopher's
662 Guelph Line
Burlington

4.00pm
Free Will
Offering

FROM THE REGISTRY

Funerals

Judy Jupp, O.N.	Jul	5	2025
Ted Morris	Aug	9	2025
Miriam Miller	Aug	27	2025



Mental Health Care Partners

Providing care to loved ones experiencing mental health challenges can be overwhelming. Come join a safe and confidential space with others on a care-giving journey to share experiences, discuss concerns, and be supported by others confronted with similar situations. Facilitated by community experts, this group meets in-person in the Family Room. Next date: October 6 at 7pm.



Ginger Group

Calling everyone 55+ or retired! Our next gathering will be Monday, September 22 at 11.30am. Contact Winston or John at staff@stcb.ca for more information.



Climate Justice

Pray • Learn • Act • Advocate

Next Meeting

Tuesday | September 16 | 7.00pm



Office Hours

beginning Tuesday, Sep. 2 ...
Mon to Thurs | 9am – 4.30pm
Fri | 9am – 12 noon



Burlington Mindfulness Meeting

Wednesday | Sept 10 & 24 | 7.00pm



Watercolour Wednesdays

with Cheryl Goldring

Wednesday, October 1 at 12 noon

\$35 per session. All materials are provided, including professional instruction. Gather with others in a warm and encouraging space. Light beverages are included.

MAP

Reshaping Parish Culture

On Zoom with Gail Grant

Tuesday | 7 October | 7pm



Seniors' Social

Tricia Clarke and this warm and wonderful group of seniors meets Tuesday afternoon in the Family Room from 2-4pm. Enjoy a time of refreshment, games and conversation. Bring your special energy to build some new relationships. Please contact staff@stcb.ca for details. Next meeting: September 16.



Bridge Group

Welcome to those wishing to join us for a game of Bridge! All are welcome but previous experience is appreciated. Light refreshments will be provided. You don't need to be a regular at St. Christopher's to join this group. Please contact Liz at staff@stcb.ca for more information. Next Meeting: September 22, from 2-4pm.



Prayer Shawl Group

Plan to join this passionate and caring group at their next meeting: September 25 at 1pm. If you have never knitted before, come and learn. Meet friends over shared creative skills.



Men's Cooking Groups

Men's Cooking Combined will meet on Monday, October 6 at 9.30am. Come and learn how to be a proficient cook. Share your skills and knowledge if you are already experienced in the kitchen. Please contact Bob or Gerry at staff@stcb.ca if you are interested.



The Messenger is published monthly for the parishioners of St. Christopher's Anglican Church. All questions or concerns should be directed to the Messenger Editor, c/o St. Christopher's Parish Office, 662 Guelph Line, Burlington, ON, L7R 3M8. Call: 905.634.1809. Email: staff@stcb.ca. Website: <https://stcb.ca/>.

Thanks to this month's contributors: Penny Anderson, Ken Beeby, Andy Elmhirst, Carrie Ford-Jones, Carol Henley, Wojtek Kuzma, Mike Ravenscroft, Shannon Shuell, Joy Thomson.



Fall Maker's Market

Saturday | 29 November | 9.30am - 2.00pm

662 Guelph Line, Burlington, ON L7R 3M8
905.634.1809 | stchristophersmakersmarket@gmail.com | stcb.ca