

st. christopher's

Messenger

May 2026

Issue 284



FROM THE RECTOR'S STUDY



When we raise the **P r i d e** flag in the front garden at St. Christopher's, we are bearing witness to the extravagant grace that welcomes each of us into the circle of God's acceptance and love. Raising the flag on May 17th, the International Day against Homophobia, Biphobia and Transphobia bears further witness to the stand we take as a congregation against violence and hate directed toward 2S&LGBTQIA+ people.

Raising the flag is an important action because the church has been one of the leading sources of hate against people who identify as queer. So our witness signals our choice to reject the church's historic stance. It's important also because many 2S&LGBTQIA+

people will tell you things are getting worse, not better. Pundits and politicians are creating a permission structure that allows all kinds of people to justify their bad behaviour. Raising the flag in 2026 means that we are choosing to reject a politics of division. Because of our faith in Jesus Christ we are choosing to be bridge-builders. We are choosing to join the work Jesus started of raising up God's reordered new society.

Please plan to join us for the flag raising on Sunday, May 17th at 11am. That timing will give people attending the 9.30 service chance to visit the caffeine station. And it means only a slightly earlier start for people attending the 11.30 service. See you there!

I'd like to tell you about the ministry of

Honorary Assistants at St. Christopher's. I'm talking about my colleagues Hollis Hiscock, Sue Nicolls, Jim Sandilands, and Grahame Stap. Honorary Assistants are faithful retired clergy whose presence and availability, wisdom, and pastoral sensitivity are a great gift to St. Christopher's. Except when they are providing Sunday coverage when I'm away, our honorary clergy volunteer their time. As volunteers, some preside and assist at the eucharist; some preach; some take services at local care facilities; some provide spiritual counsel; some provide pastoral care and visit the sick. Our honorary clergy are a great support to me. Hollis, Sue, Jim, and Grahame, St. Christopher's people are grateful for your ministry!

May brings an

opportunity for people who have recently arrived at St. Christopher's, and anyone who wants to learn more about how to make new connections within our congregation, to spend a couple of evenings with me for a conversational introduction to life in our congregation. St. Christopher's Connects is an opportunity to meet

some St. Christopher's people and to hear from members of the staff about the various ministries they lead. And it's a chance to ask questions and find out more about how things work at our church. Please mark your calendar and plan to join me at the church at 7pm on Wednesday May 6 and 7pm Wednesday May 13.

A handwritten signature in cursive script that reads "Penny".



REV. CANON DR.
PENNY ANDERSON
RECTOR

JAZZ VESPERS



DANCING WITH FIRE



Elena Kapeleris
Sax & Vocals



Adrean Farrugia
Piano



Tim Shia
Drums



Jim Sandilands
Bass



Alison Young
Sax

Sunday
17 May
2026

St. Christopher's
662 Guelph Line
Burlington

4.00pm
Free Will
Offering

WARDENS' REPORT



Crocuses? Soon? Please!!! Hope that made you smile and think of Spring.

Just like all of us getting past winter, the church has become a beehive of activity following Vestry (our annual congregational meeting). We wanted to keep you up to date on our activities and help you to remain current throughout the year.

As promised at Vestry, we wanted to kick off with an update on our financial position.

As you may recall from the meeting, we have a small deficit and have been working very hard to close the gap. The deciding factor will be how much income we can generate, as we continue to hold the line on expenses. In addition to donations, we have plans for multiple ways to raise funds, including:

- Christmas Market
- Makers Market
- Christmas Tree Sales
- Golf Tournament

Our office staff does an amazing job finding ways to raise funds through space rentals and other creative income generating initiatives.

We are keeping a close eye on finances. You can read a summary of the first quarter elsewhere in this edition.

Another area we wanted to highlight was Parish Council. This is a very exciting time with many returning members. We have had our first meeting and have begun to organize plans for the coming year.

Although many of you are familiar with Parish Council, we wanted to share more about what it's about. The Parish Council is made up of parishioners elected at the Vestry meeting. You will be familiar with many of them and can identify them at Sunday services as they wear a yellow nametag. Parish Council represents the congregation at council meetings when

current church activities are reviewed and relevant new topics are brought up by council members, wardens, or ministry team members.

Parish Council members participate actively at events. Along with the rest of the church community, they are connecting with newer members and people from the community to make everyone feel comfortable and welcome. They are often key participants at events, both helping with activities and assisting less experienced volunteers.

They are also a resource for you if you want to ask questions, have a suggestion, or just want to get to know them better.

Parish Council is a very friendly group. I remember when I was a new Warden with many questions about church activities. Council members were so helpful in explaining everything from the location of the lost and found (which I couldn't find) to giving insights into how church

committees worked. Thank you to all present and past Parish Council members for everything you do to support St. Christopher's.

We will keep you up to date on Parish Council in future articles. You are welcome to help by volunteering support for the many events the team is planning for the coming year. One of the things that really stands out to me as a Warden and member of Parish Council, is how much fun it is to attend church events and meet new people by helping

out. St. Christopher's has an amazing and well established tradition of being a very welcoming and inclusive place, which is a credit to everyone in the congregation.

Enjoy the warmer weather. I will continue to look for signs of Spring....

We will continue to keep you posted on everything going on, and will see you soon!



Mike Ravenscroft is one of the four wardens (Bill Hewlett, Shannon Mac, Mike Ravenscroft, Lisa Kruitwagen) who, along with our Rector, Rev. Canon Dr. Penny Anderson, make up St. Christopher's Corporation

MIKE RAVENSCROFT
WARDEN





FINANCE UPDATE

FIRST QUARTER RESULTS

We are grateful to a small group of donors who donated generously to pay off St. Christopher's 2025 operating deficit. These donations are critical to our financial success as we would be in serious trouble this year if we were still struggling to finish paying for last year!

At the end of the first quarter of 2026, church expenses exceeded income by \$30,600. This is so even though expenses were well controlled in the first quarter, coming in under budget by about \$24,800. Our operating deficit is partly a result of waiting to receive income from our investments, partly that Easter falls in April and Easter helps us catch up financially in the spring, and partly because major fundraisers take place later in the year.

On the Open Doors side, we finished the first quarter in a positive position, with a small surplus of \$117. However, looking ahead to the rest of 2026, we are looking at a crunch when it comes to paying salaries. Open Doors receives 75% of the money we raise through our Coldest Night of the Year fundraiser, meaning we will soon get a cheque for approximately \$61,000 (of the approximately \$82,000 we raised). This will fund approximately 5 months of Open Doors salaries. There are a few smaller fundraisers planned for the summer and fall, but income is going to be a challenge for the final quarter. Open Doors staff are diligently searching for both fundraising and granting opportunities.

We are grateful for all the ways you support our shared ministry. The corporation will keep you informed about our financial position. Watch for a second quarter update in a upcoming Messenger.



Learning with Rev. David Montgomery at Grace Anglican

Grace Anglican Church is offering two free workshops to be held at the church, 157 Mill Street North, Waterdown, on May 21 and June 4 from 6 to 9 pm. Everyone is invited and can attend one or both. The workshops will be led by Deirdre Pike and Adam Benn of Queer Positive Power. The workshops are described as follows:

Workshop 1: Anti-Racism (3 hours)

- A shared understanding of what racism is and how it shows up in daily life
- Exploring how history and systems continue to shape people's experiences today
- Reflecting on bias and how it can influence our actions and decisions
- Learning how to respond to harmful comments or situations with confidence
- Microaggressions, Intersectionality, Three As – Ally, Advocate, and Accomplice
- Identifying simple, practical actions to strengthen inclusive communities

Workshop 2: 2SLGBTQI+ Inclusion (3 hours)

- Brave Space vs. Safe Space vs. Positive Space – what's the difference?
- A clear introduction to 2SLGBTQI+ identities, terms, and experiences
- Understanding how microaggressions can affect people in everyday settings
- Recognizing common barriers, including bias and unintentional harm
- Practical tips for communication, hospitality, and responding well in the moment
- Steps organizations and communities can take to reduce harm and support inclusion



Mental Health Care Support

Providing care to loved ones experiencing mental health challenges can be overwhelming. Come join a safe and confidential space with others on a caregiving journey to share experiences, discuss concerns, and be supported by others confronted with similar situations. Facilitated by community experts, this group meets in-person in the Family Room. Next dates: Monday, May 4 & June 1 at 7pm.



I'm having a hard time recalling what news I should share about the musical goings-on at St. Christopher's. The last couple of weeks have been so busy, it's all a blur. Between playing 11 services in a week (8 days), completing a high-level piano examination, playing a jazz concert and preparing for a new choir term, there's been a lot of music in my life lately.

First, the 11 services in an 8-day-week: from Palm Sunday to Easter morning we had at least one service every day, all with music. I enjoy the repetition of the same songs Mon-Wed, it's a chance to familiarize oneself with music and text on different levels. After the relative austerity of these first three days of Holy Week, it's nice to have the choir enter the mix on Maundy Thursday. Good Friday music took a quality over quantity approach

with poignant and relevant music like the traditional spiritual *Were You There* and *A Celtic Prayer* by Barry Peters, a Canadian.

The Easter Vigil had a different look and sound this year. The first part of the liturgy, about 45 minutes long, was offered by candlelight only. I found it moving and meditative but if you thought otherwise, I'd be happy to hear about it. Our feature piece of music that night was another Canadian work, *O Come, Let Us Sing* by Eleanor Daley.

There's no rest for the faithful chorister. Most of us arrived home after 10pm on Saturday night only to be back at church by 8.30 am or earlier. The Easter morning music was typically triumphant. Our anthem, *Live in Friendship* by Gary Ewer was a third Canadian work by a living composer in as many days. Beyond gratitude, I have

a huge amount of respect for our choir members who commit so deeply to these four days of church. This type of volunteer dedication is rare in our society and St. Christopher's is fortunate to have such a faithful and capable group of singers at the core of its worship.

Some were even able to sing, with late notice, a second Easter morning service. While 'Plan A' was to have the 11.30 Band lead music at the late service, a death in the family made this impossible. Extra thanks to Raeanne Venne and 10ish choir members who were able to sing a fifth service in four days!

After Easter, I had only a week (actually eight days) to finish preparing for a high-level piano examination. I passed and I am now a Licentiate of Conservatory Canada in Piano Performance. I am grateful for all the support that I've received from my

friends at St. Christopher's throughout my preparations.

In that same week, my jazz band had a performance with Canadian trumpet bigwig, Kevin Turcotte. The band is playing again on May 29th at the Corktown Irish Pub in Hamilton at about 8.30 pm. This will be our last performance with director Mike Malone. With apologies for the personal tangent, parishioners have asked me to better spread

the word about After Hours Band performances.

The above date is one week after Music in the Garden – a night of potluck and entertainment here at the church. While I hope the entertainment will come from far and wide (talk to me), it will be headlined by the choir who have a couple of new Beatles medleys in the works for just this occasion. One of the songs is *Eight Days a Week!*



ANDY ELMHIRST
DIRECTOR OF MUSIC



Music in the Garden

Friday | 22 May | 6.00pm

Potluck dinner & beautiful music from the St. Christopher's Choir

Help us fill the Wheelbarrow of Summer Fun now (Atrium). Raffle: at the event

CHILDREN'S & YOUTH MINISTRIES

**FUN IN THE SUN
SUMMER CAMP
AGES 4-11**

**MARK YOUR
CALENDARS!
JULY 20 - 24
2026**

**LEADER
TRAINING WEEK
AGES 12+
JULY 13-17**

**REGISTRATION
NOW OPEN!
CONTACT
CARRIE@STCB.CA**

diving into friendship with god

Have you come by to check out the new youth space yet? You won't recognize it! We were so fortunate to have the renovations completed just in time for Easter. Bright and spacious, and perfect for an energetic group of youngsters who had clearly been into the Easter eggs before breakfast! We had a great turnout for both our 9am and 11am Easter GIFT programs with an Easter Egg Hunt between the two services. The front green space was looking just a little cold and muddy so we moved our hunt indoors and nobody seemed to mind! It was an exciting morning for all. Before our exciting Easter Sunday though, was our Good Friday program. This is always a small gathering, but our numbers have grown every year! I spoke

with the children about how challenging it is for me to lead a more serious or sombre class. How I love to see our group full of lively and energetic fun, and stories filled with good news! It can be hard to focus on the sad parts of the story. But we know that sometimes we have to wait patiently for the good news or the happy ending and that's what the Easter Story teaches us. And we still had a great time and ended the morning with the promise of good things to come!

Now that we're into our Spring series, we are exploring "Faith from the Inside Out." If you haven't seen the popular Disney film 'Inside Out' I commend it to you for your next movie night! It does a brilliant job of explaining emotions to children and adults alike. For the next several weeks we

will be exploring different lessons the Bible teaches us about our emotions – joy, fear, anger, sadness, and more – and we will be using the movie characters to help us along. The kids have been excited to see this familiar movie featured in our Sunday mornings and they've already started making great connections to the stories and teachings they've learned at church.

Kids Club and Youth Group will meet again at the end of May. Stay tuned for details for an off-site field trip for the high schoolers. Kids Club is happiest when they have the church building all to themselves so we will stay on-site with the younger group! It's so nice to see them taking ownership of the space and feeling like St. Christopher's is theirs.

Our Fun in the Sun team is growing! We have a

wonderful group of leaders ready to plan camp, and our registrations are rolling in. There is still time to sign up if you know young ones who would like to attend. If you are feeling called to help make Fun in the Sun a success, there are several ways we can make that happen! We will be looking for adult volunteers to help with planning week. (This is just with the teens and is a quieter week.) We will also be looking for adult volunteers to help supervise camp week. (You need your morning coffee for this one!) Are you most comfortable in the kitchen? We will have lots of opportunities for snack helpers to prepare morning and afternoon snack during camp. If you're not able to spend camp

week with us, perhaps you'd like to consider making a donation to our financial assistance program that allows us to cover the cost of camp for families that need a little extra support. We've not had to turn a camper away yet, and that is thanks to your generosity year after year.

Lots of good things coming your way. We may be coming close to the end of our program year, but we aren't slowing down yet!

CARRIE FORD-JONES
CHILDREN'S & YOUTH MINISTRY COORDINATOR



KIDS' CLUB
 Sunday May 24th 6:00–7:30pm
 ages 8 – 11



Youth Group Field Trip
 May 31, 2026

Climate Justice
 Pray • Learn • Act • Advocate

Next Meeting
 Tuesday | 19 May | 7.00pm

REPAIR CAFÉ

Bring It | Fix It | for Free

Volunteers help you fix broken household items (there may be a small charge if parts are needed)

Please send an email to explain what you'd like to get fixed, and to reserve a time slot: burlingtonrepaircafe@cogeco.ca.

Saturday | 16 May | 10am - 2pm
 St. Christopher's | 662 Guelph line | Burlington ON

OPEN DOORS



This year's theme for Volunteer Appreciation Week is, *Inspire and Ignite*. It really captures what our community is all about.

Every day, in both big and small ways, our volunteers show up and make a difference. You're the ones serving with care, stocking shelves, picking up clothing, and making sure our space is ready for anyone who walks through the door. But just as meaningful are the quieter moments; the check-in phone call, offering someone a ride, bringing in treats for those who could use a pick-me-up, or simply being there for each other with kindness and support.

At Open Doors, we often talk about raising funds to sustain our programs, and that work matters deeply. But just as powerful are the ways our volunteers take initiative to support the community every single day.

From stretching resources to filling gaps, your efforts are acts of generosity that don't always make headlines but they keep everything moving forward. In 2025 alone, our volunteers gave over 8,500 hours of their time. That's incredible.

One example that really stands out is a volunteer who turns everyday errands into meaningful support. They save up their Optimum points and, when they've built up enough, use them to buy items we need most, things like toiletries and basic groceries. It's simple, thoughtful, and consistent. No spotlight, no recognition just a quiet commitment to helping out. It's a great reminder that generosity doesn't have to be big to make a real impact.

Every time someone visits our free clothing store with the clothes generously donated by our community and volunteers, they leave with more than just what

they need, they leave with a bit of relief. On average, each visit saves them up to \$331. With the rising cost of everyday essentials, that kind of support really matters. Your clothing donations help make that possible, turning things you no longer need into something truly meaningful for someone else.

Thanks to our partnership with the Burlington Food Bank, we're able to provide basics like milk and eggs. But when it's not quite enough, our volunteers step up. One dedicated volunteer regularly shops discount days to help fill the gaps, saving our market over \$2,000.

We're also so thankful for our weekly bread donations from COBS Bread. Behind the scenes, a team of volunteers gives up their Friday evenings to pick up and deliver that bread to our market, saving us about \$200 each week and making

sure fresh bread is available for our community.

And then there are those incredible long-term commitments. One volunteer has been serving faithfully in the office for 35 years. Day in and day out, doing the steady, behind-the-scenes work that keeps everything running. It's the kind of contribution that's easy to overlook, but absolutely essential. And when you think about it, the value of that time is huge but their motivation has never been about money. It's about belief in this place and a genuine desire to help.

It's also the little things; staying a few extra minutes to listen, help us write a grant, noticing supplies are low and restocking them,

offering a smile or a calm presence on a tough day. These moments might not always be counted, but they are deeply felt.

This is what it means to truly show up, not because you have to, but because you care.

Together, we've built more than just a program. We've built a community, one that looks out for each other, lifts each other up, and continues to inspire and ignite hope in everything we do.

Thank you for everything you give, both seen and unseen. We're so grateful.



SHANNON SHUELL
GOOD FOOD COORDINATOR



St. Christopher's Connects

You're invited!

Please join Penny for a two-part series to find out about the many ways you can connect with our congregation. It's an opportunity to meet some St. Christopher's people. And it's a chance to ask questions and find out more about how things work at our church.

These two evenings are designed for people who have recently arrived at St. Christopher's, but they are open to anyone who wants to know more about our church, and anyone who wants to find new ways to connect at St. Christopher's!

Please mark your calendar and plan to join Penny at the church on Wednesday, May 6 at 7pm, and Wednesday, May 13 at 7pm.



Spring Clean Up

23 May, 2026 | **There will be treats!** | 9am - 12noon

Please contact Chris Jones at staff@stcb.ca if you can be here!



Garden Group

Meet friends and work together - Friday mornings in the front garden. Contact Sandi Smith at staff@stcb.ca.



Open Doors Gala | New date in 2026!

Do you like to have something to look forward to in the lazy, crazy days of summer?

Our Open Doors Gala will be held in late August. Watch your eblast for the actual date. Plan your table. Invite your friends and family. Dinner and entertainment at Paradisso's Restaurant in downtown Burlington will be an excellent way to spend an evening - and you will be supporting the good work of Open Doors at the same time!



May 17 | Flag Raising

Please join us in the front garden on Sunday, May 17 at 11am. We will be saying prayers and raising the Pride flag to observe the International Day against Homophobia, Biphobia and Transphobia. The timing gives 9.30 people a chance to visit the caffeine station after church, and it means 11.30 people only need to set the alarm a little bit earlier than usual! Meet you by the flag pole!



Tai Chi

Wednesdays 7.00pm

NATIVE POLLINATOR PLANTS

Perennial Flowers:

MILKWEED/
BUTTERFLY WEEED
BEE BALM
ASTERS
GOLDENROD
BLACK-EYED SUSAN
WILD COLUMBINE (Shade)
JOE PYE WEEED
PURPLE CONEFLOWER

Shrubs - Shade

• BLACK CURRANT
• BUFFALO BERRY
• BUSH HONEYSUCKLE
• MAPLE LEAF VIBURNAM
• FLY HONEYSUCKLE
• ELDERBERRY
• PURPLE-FLOWERING RASPBERRY

Shrubs - Sun

• NEW JERSEY TEA
• BUSH HONEYSUCKLE
• NINEBARK
• ST. JOHN'S WORT
• JUNIPER
• CINQUEFOIL
• BLUEBEARD

AMAZING POLLINATORS



HOW CAN WE HELP?

- plant native and pollinator-friendly species that bloom ^{Spring-fall}
- avoid use of pesticides and herbicides
- leave some bare dirt patches for ground-bees to nest
- leave some stems and dead-wood over winter for shelter
- provide a shallow water station with stones in water.
- embrace weeds like clover and dandelions - an important food source in spring
- get ideas from reading more about pollinator gardens

Trees (small)

• ALTERATE-LEAVED
• DOGWOOD
• EASTERN REDBUD } Some shade
• SERVICEBERRY
• CHOKECHERRY
• SUMAC
• CANADA PLUM
• WITCH HAZEL (shade)
• WILD CRABAPPLE
• NANNYBERRY (shade)

Trees (larger)

• BLACK WILLOW
• OAK
• BASSWOOD
• TULIP TREE
• HACKBERRY
• MAPLE
• BIRCH
• PINE



NATIVE PLANT NURSERIES

MORTICO NURSERY - WATERDOWN
NORTHLAND NURSERY - MILLGROVE
VERDINNEN'S - HAMILTON
ORIGIN NATIVE PLANTS - GUELPH
BEE SWEET NATURE CO. - PUSLINCH
ONTARIO NATIVE PLANTS - ORDER ONLINE

I hope that you had an opportunity to visit the displays and join in the activities in the Great Hall between the services on Sunday, April 26th. It was a terrific way to end Earth Week with timely information about our local pollinators, why

they are important for the environment and our health and well-being, and how we can help them to thrive. Hands-on activities included building a bee hotel for your outdoor space, planting seeds, playing a game, not to mention eating delicious, themed sugar cookies!

We will be updating the resource library that you can find on the home page on our website (stcb.ca) shortly. Watch the Eblast for the link to photos of the event, the information that was available, instructions on how to build a bee hotel/pollinator station and more.

You may have noticed the photos projected onto the overhead screen. They were taken by our Garden Coordinator, Sam Le Grand, last summer. We'll be offering an opportunity to tour the garden later in the growing season to see all that bounty in person. Details will be in the Eblast.

The Climate Justice committee is a group of folks who are passionate about the environment and the ways that we can care for creation and advocate for change that will protect it for generations to come. We meet on the third

Tuesday of each month. Watch the Eblast and Bulletin Announcements for upcoming meetings (the next is on May 19th in the Family Room at 7pm). Please come and join us if you think that you would like to know more.

Upcoming Events & Activities in Burlington

- BurlingtonGreen: Spring Eco Action at the Beach Cleanup Event - May 16
- BurlingtonGreen: Native Plant Kit Sale. Place your order online asap for pickup Sunday, May 24
- BurlingtonGreen: Invasive Plants Removal Workshop at City View Park - May 30
Visit burlingtongreen.org to register for these and other activities.



CAROL HENLEY





Pollinator Event



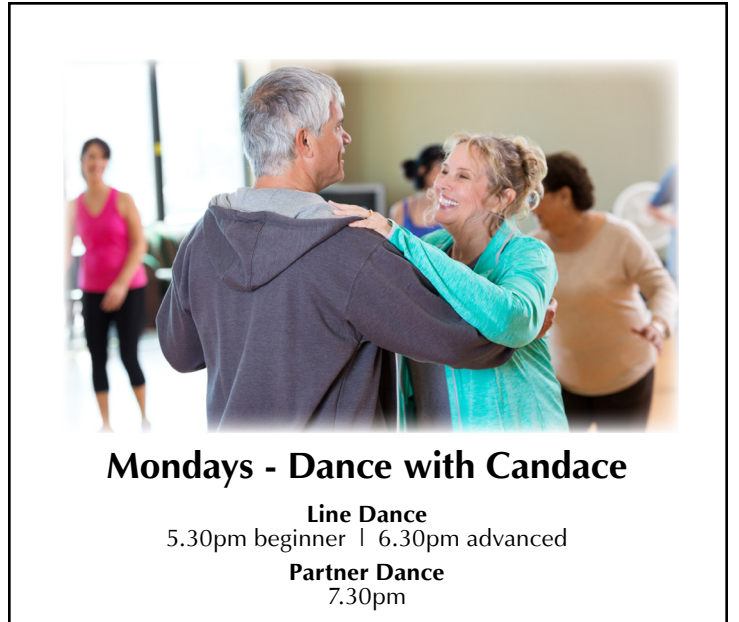
Sam Le Grand



Parish Council

Wednesday | May 27 | 7.00pm

Zoom



Mondays - Dance with Candace

Line Dance

5.30pm beginner | 6.30pm advanced

Partner Dance

7.30pm



Burlington Mindfulness Meeting

Wednesday | 13 & 27 May | 7.00pm



Ginger Group

Calling everyone 55+ or retired! Our next gathering will be Monday, 25 May at 11.30am. Our guest speaker will be Shannon Shuell of Open Doors. Come and learn the latest about this vibrant and vital outreach ministry. Contact Winston or John at staff@stcb.ca for more information. Cost \$15.

RUMMAGE SALE



Well, another Rummage Sale has come and gone. Many thanks to St. Christopher's, Open Doors, my co-coordinator Sandi and the many tireless volunteers who helped with the event. I was at the church setting up and sorting on Wednesday, so when Saturday (and exhaustion) rolled around, the question was: was it

worth it? At first glance we raised approximately \$2,500 for the church and Open Doors programs. But the bigger question for me is how did we make a difference? As I rested post-sale I reflected on a recent event I attended with Dr. David Suzuki and Tara Cullis – What Won't You Do for Love? This was an environmental event sharing a message

about building community, getting to know your neighbours, and doing your environmental work locally. I feel that we really hit the mark with the rummage sale.

Rummage sale support the environmental movement in several meaningful ways - mostly by reducing waste and encouraging reuse rather than new consumption.

1 Keeps items out of landfills

When people donate used goods for resale instead of throwing them away, fewer items end up in landfills. This helps reduce pollution, especially from materials that don't break down easily (like plastics and textiles).

2 Reduces demand for new products

Every item bought used is one less item that needs to be manufactured. That means:
 Less energy used in production
 Fewer raw materials extracted (like trees, metals, oil)
 Lower greenhouse gas emissions

3 Promotes a "reuse culture"

Rummage sales encourage people to think differently about "old" items. Instead of seeing them as garbage, they become useful again. This mindset is a big part of sustainability and the circular economy (where items are reused and recycled instead of discarded).

4 Helps with textile waste

Clothing is a major environmental issue—fast fashion leads to huge waste. Selling or buying clothes at a rummage sale keeps them in use longer and reduces the impact of the fashion industry.

5 Supports community-based sustainability

Raise money for St. Christopher's and Open Doors programs
 Build community awareness about reducing waste
 Make sustainable choices affordable for everyone

6 Encourages mindful consumption

When people shop at rummage sales, they tend to buy more thoughtfully, rather than impulsively. That shift in behavior is key to long-term environmental change.

Great work everybody! I sure hope that Dr. Suzuki and Tara Cullis would be proud!



On Wednesday, April 22, the Burlington 2026 National Volunteer Week Community Awards Celebration hosted by Community Development Halton was held at St. Christopher's. Michael Peroune was one of three awarded with the Halton "Cheers to Volunteers" award, chosen from over 300 candidates. Congratulations, Michael!

Please take a minute to congratulate Michael when you see him next.



JOAN LASALLE



Watercolour Wednesdays

with Cheryl Goldring

Wednesday, 6 May & 3 Jun at 12 noon

\$35 per session. All materials are provided, including professional instruction. Gather with others in a warm and encouraging space. Light beverages are included. Registration required at staff@stcb.ca. If you are interested in attending an evening watercolour class, please contact Cheryl at staff@stcb.ca.

MAP

Reshaping Parish Culture

On Zoom with Gail Grant
Wednesday | 6 May | 7pm



Seniors' Social

Tricia Clarke and this warm and wonderful group of seniors meets Tuesday afternoons in the Family Room at 1pm. Enjoy a time of refreshment, games and conversation. Bring your special energy to build some new relationships. Please contact staff@stcb.ca for details. (On the last Tuesday of the month, this group meets offsite at 1pm.)



Bridge Group

Welcome to those wishing to join us for a game of Bridge! All are welcome but previous experience is appreciated. Light refreshments will be provided. You don't need to be a regular at St. Christopher's to join this group. Please contact Liz at staff@stcb.ca for more information. Upcoming meetings are: 11 and 25 May at 2pm.



Prayer Shawl Group

Plan to join this passionate and caring group at their next meeting: 28 May at 1pm. If you have never knitted before, come and learn. Meet friends over shared creative skills.



Men's Cooking Groups

Men's Cooking Combined will meet on Monday, 11 May at 9.30am. Come and learn how to be a proficient cook. Share your skills and knowledge if you are already experienced in the kitchen. Please contact Bob or Gerry at staff@stcb.ca if you are interested.

SAVE THE DATE



Mark your calendar

Tyandaga Golf Course



Community Golf Tournament & Dining Experience

- Who?** YOU... Please join us with friends and family for a fun day of "best ball" golf, fine dining, silent auction, and social time.
- Where?** Golf - 1265 Tyandaga Park Dr., Burlington
Dinner - 662 Guelph Line, Burlington
- Why?** Open Doors is all about building a diverse and inclusive community that supports our shared dignity and well-being through programs that help build a strong, healthy community. Together, we will have great fun while raising funds to support the work of Open Doors.
- Cost?** \$150.00 (18 holes of golf, cart, bagged lunch, hors d'oeuvres and a 3-course dining experience) Dinner Only - \$ 75.00

Please contact anyone on the Golf Tournament Committee to offer silent auction items, buy tickets, sign up your team, join a team or volunteer at St. Christopher's.

Committee Members: Gerry Anthony, Winston Campbell, Gail Grant, Fred Grigsby, Wendy McCowan, Mike Peroune, Gord Roche, Shannon Shuell, Paul Smith, Bob Taylor, Paul Winslow